

# HEALTH (HE)

---

## **HE180 Internship: Health Ed** 1-12 credits (3 lab hrs/wk/cr)

Practical on-site experience that will allow students to test knowledge learned in the classroom and explore the variety of workplaces in which to apply that knowledge.

This course may be taken 12 times for credit.

Course classification: LDC

## **HE250 Personal Health** 3 credits (3 lec hrs/wk)

This Personal Health course deals with current health trends and issues in the United States. The course will include information on mental, emotional, social health and behavior aspects. Physical health includes nutrition-weight management, physical conditioning, environmental health, sexually transmitted disease, cancer, aging, drug education and cardiovascular disease.

This course may be taken 1 time for credit.

Course classification: LDC

## **HE252 First Aid & CPR Professional Rescue** 3 credits (3 lec hrs/wk)

This course follows the American Red Cross, and OSHA requirements to prepare the student with knowledge, skill, and techniques necessary to recognize and provide care in first aid, respiratory, and cardiac emergencies using the latest CPR and emergency cardiac care guidelines. Students learn how to perform rescue breathing; one-rescuer and two-rescuer CPR; how to use airway adjuncts (bag-valve-mask, oxygen administration); and how to operate an Automated External Defibrillator (AED). American Red Cross Professional Rescuer and First Aid certification is given upon completion of course requirements.

This course may be taken 1 time for credit.

Course classification: LDC

## **HE280 CWE: Rural Health Aide** 1-12 credits (3 lab hrs/wk/cr)

Prerequisite(s): Instructor consent

Practical on-site experience that will allow students to test knowledge learned in the classroom and explore a variety of workplaces in which to apply that knowledge.

This course may be taken 12 times for credit.

Course classification: LDC

## **HE280E Field Experience: EMT** 1-12 credits (3 lab hrs/wk/cr)

Prerequisite(s): Instructor consent

This course consists of a planned program of observation and practical experience with an organization providing emergency medical services. The course is designed to provide students with experience and an opportunity to apply emergency medical concepts and theory in a field situation.

This course may be taken 12 times for credit.

Course classification: LDC

## **HE9424 Hospice Training** 3 credits (3 lec hrs/wk)

This course prepares adults to work with hospice clients (terminally ill persons) and their families as hospice volunteers. Attendees learn with history and principles of hospice care, common experiences of hospice clients as they move through the dying and bereavement processes, and skills needed to carry out the volunteer role. Although this course focuses primarily on interpersonal interventions and activities, personal and cultural reactions to death and dying are included.

This course may be taken 1 time for credit.

Course classification: CTE