# CULINARY ARTS, CERTIFICATE OF COMPLETION

The Certificate of Completion Culinary Arts program prepares students for the culinary world by offering chef training (basic and advanced) as well as restaurant management skills without the 17 academic credits. After studying the fundamentals of classical and contemporary cuisine and restaurant procedures, students will develop advanced skills in *garde manger* and *a la carte* cooking. The graduate will have the necessary training to work in a variety of entry-level cooking positions such as prep cook and line cook.

### **ENTRY REQUIREMENTS**

For application and fee information, contact OCCI Admissions at 541-888-7195.

#### **GRADUATION REQUIREMENTS**

Students must complete a minimum of 72 credit hours with a cumulative Grade Point Average (GPA) of 2.0 or better. All courses in the program must be completed with a grade of 'C' or better. One course must be completed at Southwestern before the Certificate of Completion is awarded.

Complete the graduation application process one term prior to the term of completion (e.g., spring term graduates must apply during winter term).

## PROGRAM STUDENT LEARNING OUTCOMES

Upon successful completion of this program the student will be able to:

- Demonstrate understanding of safe and effective kitchen equipment use and maintenance.
- Demonstrate expert-level operation of professional kitchen tools and equipment.
- Demonstrate knife skills, knife sharpening techniques, handling a steel, and cutting techniques.
- Understand the basic principles for using seasoning and flavoring to create good tasting food.
- · Obtain ServSafe Certification.
- Demonstrate food preparation for the following cooking methods saute, broil, grill, braise, deep and stir fry, and poach.
- Become familiar with regional and international cuisine. Develop an appreciation for native products, herbs, and foods.
- Understand the basic principles of emulsification and all aspects of the elements of cold food pantry.
- Describe and apply the principles of nutrition to maximize nutrient retention in food preparation.

#### **PROGRAM GUIDE**

| Course     | Title                  | Credits |
|------------|------------------------|---------|
| First Year |                        |         |
| Fall       |                        |         |
| CRT100     | Culinary Foundations I | 5       |

| CRT105      | Culinary Foundation II              | 5  |
|-------------|-------------------------------------|----|
| CRT110      | Intro to Food and Beverage          | 3  |
| CRT115      | Sanitization & Safety for Managers  | 3  |
|             | Credits                             | 16 |
| Winter      |                                     |    |
| CRT125      | Baking & Pastry for Culinary Arts   | 5  |
| CRT130      | Menu Planning & Inventory Control   | 2  |
| CRT135      | Culinary Nutrition <sup>1</sup>     | 3  |
| CRT140      | International Cuisine               | 5  |
|             | Credits                             | 15 |
| Spring      |                                     |    |
| CRT145      | Restaurant Management & Supervision | 3  |
| CRT150      | American Cuisine                    | 6  |
| CRT155      | Garde Manger                        | 6  |
|             | Credits                             | 15 |
| Second Year |                                     |    |
| Summer      |                                     |    |
| CRT160      | Craft of Beverage Service           | 3  |
| CRT165      | Restaurant Service                  | 8  |
| BA150       | Introduction to Entrepreneurship    | 3  |
|             | Credits                             | 14 |
| Fall        |                                     |    |
| CRT280C1    | Directed Practice: Culinary Arts    | 6  |
|             | Credits                             | 6  |
| Winter      |                                     |    |
| CRT280C1    | Directed Practice: Culinary Arts    | 6  |
|             | Credits                             | 6  |
|             | Total Credits                       | 72 |
|             |                                     |    |

<sup>&</sup>lt;sup>1</sup> FN225 may be substituted for CRT135.