

# OUTDOOR ADVENTURE LEADERSHIP (OAL)

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## **OAL150 Outdoor Living Skills** 2 credits (4 lec lab hrs/wk)

Introduces students to the art of preparing to camp in front country or back country, presenting skills that are applicable to any environment and activity. Students will develop and apply skills in a range of environmental settings and will be prepared for future classes and experiences in the outdoors. The primary goal of this course is to learn the skills necessary to plan equipment and food for group trips, as well as practice the skills of making informed choices in wilderness environments. The class requires two simulated field experiences in order to demonstrate proficiency in planning for extended mountain backpacking, rock climbing, snow-survival camping, hiking, and water-based adventures. This course may be taken 1 time for credit.

Course classification: LDC

## **OAL223 Wilderness Navigation** 2 credits (4 lec lab hrs/wk)

Uses a classroom setting to preview and cover the types of land forms that will be seen in the wilderness to prepare students for understanding real-life navigation complexes. Introduces students to wilderness navigation, including how to orient, navigate, and route-find in a wilderness setting using maps, a compass, an altimeter, and GPS. It also requires students to demonstrate competency in a field setting. Successful completion is not possible without mandatory off-site location components.

This course may be taken 1 time for credit.

Course classification: LDC

## **OAL250 Foundations of Outdoor Adventure & Leadership** 3 credits (3 lec hrs/wk)

Introduces the student to the history, philosophy, and styles in outdoor adventure leadership in contemporary society, with applications to current trends and prospects for the future. The course will allow students to develop knowledge and a personal style of effective leadership and communication.

This course may be taken 1 time for credit.

Course classification: LDC