

OUTDOOR ADVENTURE LEADERSHIP, ASSOCIATE OF SCIENCE

The Outdoor Adventure Leadership degree supports all four core themes. As you earn your Outdoor Adventure Leadership degree, you will learn wilderness skills and gain confidence in leadership situations. We stress low-impact techniques for responsible environmental stewardship. This two-year outdoor education school teaches: wilderness studies, business and management principles, group development, leadership theory, communication & conflict resolution, safe & efficient travel, and Leave No Trace.

Outdoor Adventure Leadership prepares you to enter the job market and to transfer to a four-year institution like Southern Oregon University. Job opportunities include: adventure travel planners, nature and outdoor center guides, wilderness instructors, forestry technicians, outdoor recreation retail business owners or managers, and resort recreation or camp leaders.

GRADUATION REQUIREMENTS

Students must complete a minimum of 92 credit hours with a cumulative Grade Point Average (GPA) of 2.0 or better. All courses must be completed with a grade of 'C' or better. Twenty-four (24) credits must be completed at Southwestern before the AS degree is awarded.

Courses that are developmental in nature (designed to prepare students for college transfer courses) are not applicable to this degree.

Students must complete the graduation application process one term prior to the term of completion (e.g., spring term graduates must apply during winter term).

STUDENT PROGRAM LEARNING OUTCOMES

- Demonstrate responsible wilderness ethics and environmental stewardship as defined by current industry trends.
- Demonstrate excellence in technical skills with competence in safety and industry standards.
- Demonstrate expertise in logistics and expedition planning.
- Facilitate a quality outdoor program through the use of effective communication, appropriate relationships, and compassionate leadership.

PROGRAM GUIDE

Course	Title	Credits
First Year		
Fall		
BI101	General Biology ²	4
OAL250	Foundations of Outdoor Adventure & Leadership	3
SOC204Z	Introduction to Sociology ¹	4
WR121Z & WR121A	Composition I and Corequisite Support for WR121Z	5

PE185 ³		1
Credits		17
Winter		
ANTH222	Cultural Anthropology II ⁵	3
BI102	General Biology ²	4
ENG106Z	Introduction To Poetry ⁴	4
WR122Z	Composition II	4
PE185 ³		1
Credits		16
Spring		
BI103	General Biology ²	4
MTH105Z & MTH105A	Math in Society and Corequisite Support for MTH105 ⁶	5
SOC206Z	Social Problems	4
SOC208	Sociology of Sport ⁷	3
PE185 ³		1
Credits		17
Second Year		
Fall		
ENV110	Introduction Environmental Science	3
OAL150	Outdoor Living Skills	2
PE131	Intro to Health & Physical Ed	3
STAT243Z	Elementary Statistics I	4
PE185 ³		1
PE185 ³		1
Credits		14
Winter		
ART205	History of Western Art: Introduction to Art History ⁸	3
HE253	Wilderness First Aid	3
FN225	Nutrition	4
PE259	Care & Prev of Athletic Injuries	3
PE185 ³		1
Credits		14
Spring		
COMM111Z	Public Speaking	4
HUM206	World Mythology & Religion ⁹	3
OAL223	Wilderness Navigation	2
PE231	Wellness for Life	3
PE185 ³		1
PE185 ³		1
Credits		14
Total Credits		92

¹ Choose from AAOT Social Science list.

² Choose from AAOT Lab Science list.

³ For Sport/Activity courses, choose from PE185AE, PE185AF, PE185AG, PE185HA, PE185DG, PE185SD, PE185CB, PE185KY, or PE185PB.

⁴ May also select from ART115, ART116, ART117, ART131, ART244, ART253, ART256, ENG105Z, MUS201, MUS202, or MUS203.

⁵ May also select from ANTH103, ANTH221, ANTH223, ANTH230, ANTH231, ANTH232, CJ101, HST101, HST102, HST103, SOC208, or SOC218.

⁶ MTH105Z or higher, with a prerequisite of MTH95, excluding MTH211.

⁷ Choose from AAOT Cultural Literacy list.

⁸ May also select from ART204, ART206, ASL201, ASL202, ASL203, ENG204, ENG205, ENG253, ENG254, ENG255, COMM100Z, COMM220, SPAN103Z, SPAN201, SPAN202, SPAN203, or WR243.

⁹ Choose from AAOT Arts & Letters list.